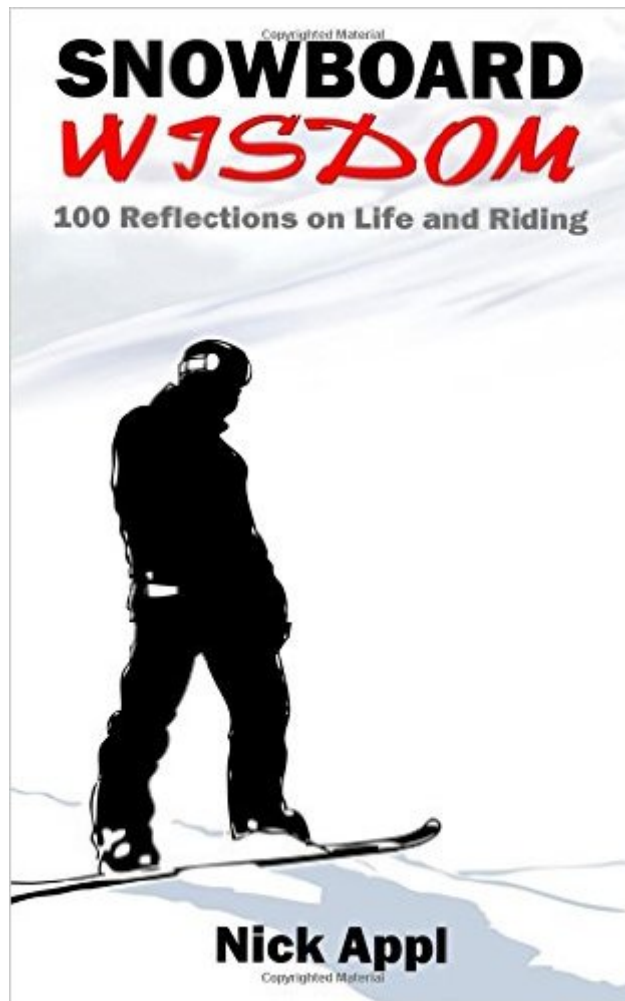


The book was found

Snowboard Wisdom: 100 Reflections On Life And Riding



Synopsis

What can snowboarding teach us about life? A lot, actually. Life can be unpredictable, bumpy and harsh. Same goes for snowboarding, but it also has the potential for experiencing the highest of highs. In this small but elegantly stated volume, author and rider Nick Appl explores snowboarding as an analogy for all the discoveries, emotions, values and lessons that everyday life can offer. As anyone who rides a snowboard - or yearns to learn - can attest, the act is perfectly suited to teach us about what happiness means and how to find more of it.

Book Information

Paperback: 140 pages

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Product Dimensions: 5 x 0.3 x 8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #283,429 in Books (See Top 100 in Books) #2 in [Books > Sports & Outdoors > Outdoor Recreation > Snowboarding](#) #208 in [Books > Sports & Outdoors > Winter Sports](#)

Customer Reviews

It goes deep, and on so many levels. It won't teach you to snowboard, but it will teach the snowboarder THE wisdom, the lessons, how to weather the ups and downs of life. I find myself wanting to go back for more wisdom, there's good stuff in there.

who knew snowboarding could teach you so much. Loved this book, the insight and clever witticisms. A must for the snowboarder in your life!!

Easy to pick up and read a page or two for daily inspiration. Made me think about situations in a new light. Totally recommend it!

I love it! It's a great book to read over and over. Also makes a great gift for somebody who shares the same passion.

Excellent product, reasonable price and fast delivery.

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